

Kits for a Cause

Ronald McDonald House Charities keep families together by inspiring strength and giving comfort and support to families whose children are receiving essential medical care.

Kits for a Cause is designed to provide these families with comfort and support during their stay at RMH, Philadelphia. The kits provide younger children with imaginative toys and activities while supplying older children creative outlets and activities and parents with comfort activities and relaxing toiletries and essentials.

How Can You Help us make a difference today?

Kit Sponsorship

Monetary Donation

Types of Kits

1. Dress up Kits- (Superhero's, Princess, Doctor etc..)
2. Fun Kits- (Ages 3-18+ years, Requested Items vary)
3. Spa Kits- (Lotions, stress balls, Face Mask etc..)
4. Toiletry Kits- (Toothbrush, lotion, soap etc..)

If you are interested in donating to supply a full kit but do not have the time to shop, the suggested amount is \$100 Amazon gift card, however no donation is too small!

The link for the Amazon Wish List is:

<https://www.amazon.com/hz/wishlist/ls/150E5S81N6YT6>

Kit suggestions vary greatly depending on both the age and the type of Kit. Attached to this flyer are the suggestions made by Ronald McDonald House. If you would like to donate a whole kit, or just an item or 2 to be added to a kit, please contact Kristin at kristin@camcomgmt.com. In order to help as many families and family members as we can, an Amazon Wish List has been created!





Even though your team cannot volunteer at the House, the families staying with us still need your support. To make their stay a little easier, please select a kit that your team can assemble off-site and ship to us. When assembling kits, please wear gloves and masks as an extra precaution during COVID-19. We ask that you do not include paints, glue, stickers, clothing, cosmetics or food in any kits. To avoid including unnecessary items, we recommend adhering to these lists.

FOR THE KIDS

Dress-Up Kits

(assemble items in a sturdy, clear zip-lock bag or clear box)

Superhero kit – cape, mask, with a superhero-themed book, puzzle, game or activity

Princess kit – tiara, princess dress/tutu, coordinating necklace, with a princess-themed book, puzzle, game or activity

Other dress-up kits such as doctor, nurse, veterinarian, chef, firefighter

Fun Kits

(assemble items in clear zip-lock bags or clear cinch sacks)

Ages 3 to 6 years – puzzles, matching game cards, small toys and games (Hot Wheels, tea party set, puppets, rubber ducky), Viewfinders, coloring books and crayons

Ages 7 to 12 years – puzzles, riddle books, card games (Uno, Crazy 8s, Old Maid), magic tricks, stress balls, games (mini Jenga), origami paper

Ages 13 to 17 years – puzzles, riddle books, card games (Uno, Crazy 8s, Old Maid), journals, stress balls, Rubik's cube, metal brain teasers

FOR THE CAREGIVERS

Fun Kits (18+ years)

(assemble items in a sturdy, clear zip-lock bag cinch sacks)

- Adult coloring books/mandala
- Colored pencils with sharpener
- Puzzle books (word search, crosswords, anagrams, Sudoku)
- Journals
- Stress balls
- Stationery

Spa Kits

(assemble items in clear zip-lock bags or cinch sacks)

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|---|--|
| • Journals | • Stress balls |
| • Eye pillow | • Lip balm |
| • Face mask | • Reusable water bottle |
| • Lotion (scented/unscented) | • Herbal teabags |
| • Loofah/body brush | • Cards/small books with inspiring quotes/affirmations |
| • Special soaps | • Battery-operated candle |
| • Nail kits (no nail polish or remover) | |
| • Scrunchies (hair ties) | |
| • Mini muscle massager | |

FOR THE FAMILIES

Toiletry Kits

(assemble in travel-sized items in a sturdy, clear zip-lock bag)

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|--------------------------|---------------|
| • Toothbrush | • Bar soap |
| • Toothpaste | • Shampoo |
| • Body lotion | • Conditioner |
| • Unisex deodorant stick | |

Batches of 25 or more can be shipped to:

**Ronald McDonald House Charities
of the Philadelphia Region
3925 Chestnut Street
Philadelphia, PA 19104**

Questions?

**Contact Lori-Anne Miller at
lori-anne@philarmh.org**